



Christ the King School



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Spring Newsletter

Principal's Message

Dear Parents/Guardians,

In reviewing this newsletter, it's very clear that we have had a very busy term and are ready for Spring Break!

Just to recap, in January, our Grade 2 and 3 Learn to Skate program was a great success again this year with our students looking forward to every class. Basketball season also began in January with many practices and games. Our Open House in February was very successful and we received many applications. We had a busy Catholic Schools Week in February with so many great activities. To enhance our science program, Scientists in Schools and WISE Kidnetics gave presentations to our students to explain the marvels of science. Students had the opportunity to take part in Origami, Zumba classes in Kindergarten and Grade 1 and Homework Clubs for Grade 4-8. Students had the chance to purchase their favourite books in our Book Fair that took place in March. We had Hot Dog Days, Fun Lunch Days and Shrove Tuesday Pancake Lunches. So much activity and fun infused with so many great learning opportunities.

All of this 'busy'ness could not have been accomplished without the help of our dedicated staff, Board and PAC members, parent volunteers and student volunteers for which I am truly grateful.

Our Grade 7 & 8 students wrote their midterm exams at the end of January and all students received their report cards in March with Parent/Student conferences taking place the week of March 16th. We are proud of our students' achievements and how much they have progressed.

Coming up in May is our next big fundraiser Soccer-a-thon. We are sure this will be another great success.

It is said that it takes a village to raise a child. Christ the King School and community is a great village and helping to raise your child is our privilege.

Wishing you a wonderful Spring Break filled with rest and family fun.

Sincerely,

Mrs. Laura Carreiro
Principal



Message from the School Board

With spring around the corner, the Board recently took time to reflect on the progress being made toward the goals in our strategic plan. We're pleased with the momentum across several priorities and excited about upcoming summer improvements, including playground upgrades, new digital signage, and maintenance projects that keep our school looking its best.

These upgrades are possible thanks to the continued support of our Lennox Club bingo program and PAC fundraising efforts. Thank you to the many parents who generously give their time and resources to make these critical programs and projects possible for our school!

In the coming months, we'll be inviting families and staff to share their feedback through a short survey. It's a great opportunity for us to celebrate what's working well and gather input to help guide our future priorities. We hope you'll take a moment to share your thoughts when it arrives.

We're grateful to all of our staff, volunteers, and families for helping make CTK such a special place for our children.

Sincerely,

The CTK Board of Directors



The 2nd Annual Soccer-a-thon is fast approaching!

This year's event will be held on Friday, May 15th at the University of Manitoba Soccer Complex.

Pledge forms went home with our students on March 25th. The deadline to send in pledge forms and money is May 8th.

This is our biggest fundraiser of the year with a goal of raising \$23,000.

We know our CTK community can do it!

Thanks for your support!

Grade 2 & 3 Skating Program



Our Skating Program began in January every Day 2 for our Grade 2 and 3 students. Many thanks to Mr. Kalichak, Mrs. Pol and Ms. Ratcliffe for organizing this program and to all of our parent volunteers who took time out of their days to help skate along with the kids, tie laces, etc. Special thanks to the grade 2 class rep, Mrs. Snell for all her help.



Keep Christ in Christmas Colouring Contest



Congratulations to the winners of the Keep Christ in Christmas Colouring Contest:
JK – Jamal O.
Gr. 1 – Zion M.
Gr. 4 – Norah P.
Gr. 6 – Abiel S.
Gr. 7 – Emma M.

The Knights of Columbus organize many activities for Christ the King Parish and school, one being the annual Keep Christ in Christmas Colouring Contest. Many thanks to our Knights for sponsoring this great event in December helping to promote the true spirit of Christmas for our students. The winners were announced in January with certificates and prizes distributed at our January school mass.

Celebrating Our Faith



Our students celebrate mass once per month with the community of Christ the King Parish. Each month a different class from Gr. 3-8 takes the lead to be greeters, readers of the Scriptures, Prayers of the Faithful and are giftbearers of the Offeratory. Parents and family members are always welcome to join us in attending our school masses, the dates always posted on our school calendar.

Grade 1 Science

These are pictures of 'Scientist in the School'. We participated in a TEAMS meeting lead by a "scientist".

Students did experiments using paper, testing to see how each type falls, bends and resists/absorbs water. We also experimented with craft supplies to build a home and a bridge for our toy animals.



GRADE 1 CHRISTMAS PICS

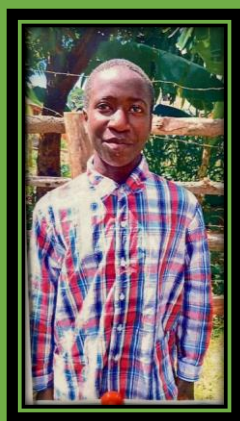
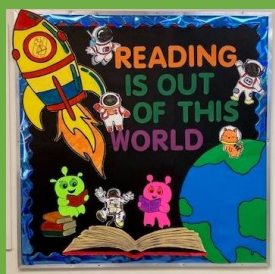
Grade 3 Countries Project



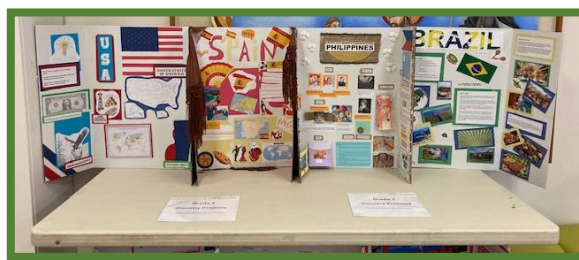
JAMMIE DAY!



Thank you to our parent volunteers for all their work updating our hallway bulletin board each season.



Goodluck John Haule



The Grade 3 class completed the "Exploring the World" unit of Social Studies.

They learned all about the continents, oceans, the equator and about countries that belong in each continent. As part of the unit, each student picked a country to study in detail. They researched topics such as land, bodies of water, natural resources, climate and much more.

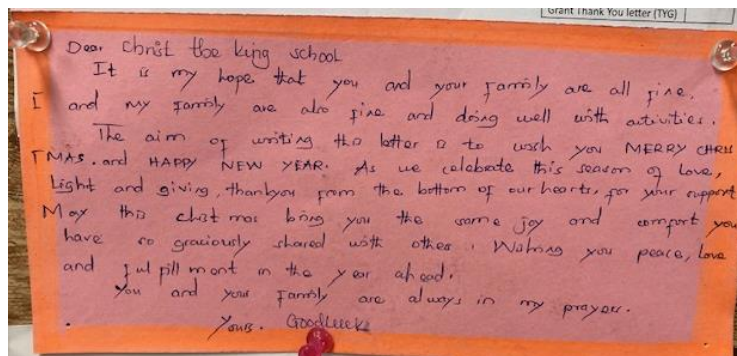
They presented their posters as gallery presentations and they also had the chance to show a few grades their work during a gallery walk in the classroom.

Amazing job, grade 3's your posters look amazing. I am so proud of your work!

- Mrs. M. Pol



CTK Outreach



A Christmas message from our sponsor child Goodluck John Haule. CTK began the sponsorship of Goodluck through the Chalice program in 2019 when he was 9 years old.

Chalice is a Canadian Catholic child sponsorship organization that supports vulnerable children in developing countries to complete their education. Chalice was founded in 1996 by Father Patrick 'Pat' Cosgrove, who has served as a diocesan priest of the Archdiocese of Halifax-Yarmouth since 1985. Currently, Chalice operates 52 sites in Bolivia, Chile, Ghana, Guatemala, Haiti, India, Kenya, Paraguay, Peru, Philippines, Tanzania, Ukraine and Zambia.

Catholic Schools Week

Bowling



JK – Gr 8 classes enjoyed bowling at Dakota Lanes.



On Feb. 11th, we celebrated 100th Day. K – Gr. 2 were challenged to dress up to look 100 years old.



Flag Day

Our Grades 4 & 6 classes celebrated Flag Day on Feb. 10th with Captain Miles MacDonell Assembly 370 of the Knights of Columbus members.



Sock Hop



JK – Gr. 8 were movin' and groovin' to the music on Feb. 12th.

We collected 752 pairs of socks for Siloam Mission!

Great job CTK community!



Grade 1 Animal Habitats



Grade 1 made animals using clay and created a habitat for their animal.



Mme Kist's Festival du Voyageur bulletin board.

Shrove Tuesday



On Feb. 17th we celebrated Shrove Tuesday, (also known as Pancake Tuesday) the last day before the beginning of Lent. Our students enjoyed a delicious pancake lunch with pancakes, sausages, orange juice and fruit. Many thanks to our volunteers and especially to Mrs. Anna Stangherlin who has been organizing this event for many years. She will be passing on the torch, as her daughter Julia who has been here since Kindergarten, will be graduating this June. We thank her and all our volunteers for their dedication to our school.

Métis Sash Making

On Monday, Feb. 23rd, our Education Committee organized a very special activity for our school bringing in local Métis artist Casandra Woolever to show the students how a Métis sash is made. The Métis sash, that has played a significant role in the reconciliation process, is a tool for education and awareness, helping to teach the history and culture of the Métis people to future generations. The students from each grade joined with their prayer buddies and took turns watching her weave a sash for our school.



February 2026 Honour Roll

GRADE 7

- Timothy Aigbonohan*
- Tenioluwa Alao*
- Keeva Ekaluo*
- Chetanna Ezeogbulafor*
- Urenna Ezeogbulafor*
- Oreofeoluwa Krakue*
- Jemma McLean*
- Evangeline Murphy*
- Oluomachi Nwanma*
- Anointed Odum*
- Ryan Olickal*
- Teminireoluwa Osinowo*
- Finley Saunders*
- Olivia Sylvestre*
- Samantha Torres*
- Casidy Tumambing*
- Kayla Uyah*
- Isaiah Varghese*
- James Walsh*

GRADE 8

- Lee Beltran*
- Emily Birch*
- Eleni Chiola*
- Selena Correia*
- Julia Emslie*
- Oluwadara Gaji*
- Quinn Guarino*
- Audrianna Labios*
- Richard Louis*
- Alexa Marsh*
- Liam Prasek*
- Sabrina Sim*
- Benjamin White*



Origami



We had a great time folding Origami this year. We folded a Japanese house, a duck and a book mark. We made our Origami come to life by adding details such as eyes, feathers, texture and color to each. We learned different types of folds and tricks to make our Origami stand up.

Thank you very much to all the grade 2 and 3 students who came before school and made every Origami morning a fun-tastic one!

Thank you to Ms. Ratcliffe who helped out with directing kids to the classroom upon arrival as well as with the folding!

- Mrs. M. Pol

INSERVICE DAYCARE ART



Other News



Many thanks to the Catholic Foundation of Manitoba for the grant of \$1000 to be used for Indigenous studies, student retreats and studentship.



Kindergarten class learning the names of parts of the body in French with the help of the Potatoheads.



Les Pizza – Grade 5



JK celebrating St. Patrick's Day



Roots of Empathy
Racines de l'empathie

Roots of Empathy



In January, grades 2 welcomed Inayat back for a visit. The class learned about Inayat's temperaments and how she is growing and changing since October. They also learned about different kinds of feelings and emotions. They understood that it is okay to sometimes feel scared or angry, sometimes we also feel happy or excited. We all have emotions and feelings and it's okay to feel the way we feel sometimes. There is no such thing as good or bad feeling or emotions. At the visit, Inayat felt mostly sunrise and was quite happy for the majority of her visit, but as she sat on the green blanket, she rolled on her side and felt a bit more sunset, or sad. When she rolled on her side, Inayat showed a high intensity response and cried loudly. Inayat's mom, Ms. Lamba, picked Inayat up and the grade 2 class sang to her and she felt much better. Later on, during her visit, we showed Inayat a new toy, the fish tank toy. Inayat became quite serious and determined to figure out how to get the fish out of the tank. The visit ended with a very sunrise and happy visit with Inayat.

In February, Inayat returned for a visit to grade 2. The students learned about sleep and transitional objects. They learned that soothers, stuffed toys and blankets are all examples of transitional objects. The grade 2 also learned about Active Sleep, REM (Rapid Eye Movement) sleep, when we dream and Non-Active Sleep, when we don't dream. The grade 2s also learned that when we put a baby down for a nap or to sleep for the evening, we must always lay the baby on their backs, so they will remain safe. Our visit with Inayat was a bit more of a low energy visit. Inayat was not as interested with looking at grade 2 friends. Inayat was mostly a sunrise baby and smiled at her mom and Ms. Proulx, but when it was time to do her activities with the toys and do some exercises, Inayat had more of a high intensity response. The grade 2 class asked Ms. Lamba about Inayat's sleeping. Mom shared that she takes 2 naps per day and sleeps well at night. If they need to attend an outing during Inayat's naptime, Ms. Lamba puts Inayat in her stroller and gives Inayat her transitional object, her fuzzy pink baby blanket. With Ms. Lamba and brother, Advik's assistance, we checked how tall Inayat is now. She is now 71cm tall and 16.5lbs! When Inayat was born on April 12th, she weighed just over 6 lbs and was 51c m tall. The class was very excited to hear about how much Inayat has grown in the past 10 and a 1/2months. The grade 2 look forward to their March visit with Inayat, when they will learn more about baby's safety.

- Ms. Proulx, Resource Teacher
Roots of Empathy Instructor



I Love to Read Month



The Grade 6 class welcomed City Councillor Markus Chambers on Feb. 17th as their guest reader during I Love to Read Month.



Daniel Ebanks from Master Chef Canada, another guest reader in Grade 6.



Grade 8 students with guest reader Jenna Solobodian from S.T.A.R.S.



Flashlight Reading in Gr. 3



And reading with their Stuffedies and Sunglasses!



Grade 5 -
Winners of
I Love to
Read Bingo
and Door
Decoration



Physical Education News and Royals Sports

January to the end of the year will be very busy on the Royals sports and physical education department.

January saw our grades 2 and 3 Learn to Skate Program go on at Glenwood Community Centre. There were a few minor hiccups but overall the grade 2 and 3's had a very successful program. As your physical education teacher, I was very impressed by all of the students, and especially our grade 2 skaters, a lot who have never been on skates before. The improvements made by them and everyone was phenomenal, and the program certainly enhanced every student's report card grades at the end.

During Catholic School's Week, the grades JK-8 students had a fun and learning experience at Dakota Bowling Lanes.

Our grade 7 and 8 ski trip, even though it was postponed due to our unpredictable Winnipeg weather, turned out to be another successful venture without any serious injuries, held at Springhill Winter Park ski hill. Not all grade 8 students attended, but for those that did, they had an awesome experience.

On the Royals basketball front, CTK had three teams involved in league action in the Manitoba Catholic Schools Athletic Association. Our grade 6 boy's team, which included two girls (Jada and Semilore), did extremely well on the court, finishing with 4 wins and 2 defeats. Our Tier 2 boys did have some growing pains, so to speak, but never gave up and learned some valuable lessons for the future. Our Tier 1 boys were snake bitten by injuries, colds and flu's, but battled in their division and held their own.

Our Tier 1 Boys finished league action after playoffs in the same standing as in the regular season, which was 6th place out of 18 teams. The boys lost a heartbreaker in the MCSAA Consolation Final, losing in overtime to St. Maurice 64-54.

Great job by all student b-ballers:

Grade 6 – Semilore, Jada, Abiel, Jasper, Maseo, Layo, Zion, John, Charis, Enahoro and coaches Maria (Jada's mom) and team manager Shea (Jasper's mom)

Tier 1-Oreo, Imoisi, Miracle, Ryan, Jordan, Isaiah, Timothy, Aariz, James K, John and coaches Ms. Ratcliffe and Mr. Ilyas.

Tier 2-James K, Anointed, Michael, John, Joba, Ben, Richard, Noah, James W, and coaches Walsh and Mr. K

Our next league sport is badminton. The grade 7 and 8's who qualify will be competing at our league tournament on April 28th at Dakota Fieldhouse (during the school day, 9:00 am-4:00 pm). The grade 6's who qualify will compete on May 5-7 at sites TBA. Coaching help is need for badminton. Please contact Mr. K at school.

May will also feature our CTK Track and Field Meet at Norberry Community Centre, on May 8th (cross fingers it isn't raining, I prefer it done earlier than later!). Our MCSAA track and field meets are Friday, June 5th (7/8), and Monday, June 8th (4-6) at the University of Manitoba. Any coaching expertise for track is also greatly appreciated.

May will also feature our grade 7 and 8 MCSAA one day soccer tournament on May 20th. Again, any coaching expertise will be greatly appreciated.

As past president of the MCSAA, our Annual General Meeting is scheduled on April 20th. League by-laws and Constitutional amendments will be made at this meeting.

As for extra curriculars, CTK is looking into the possibility of volleyball and basketball camps in the near future. With the number of student athletes increasing at a rapid pace, having such camps or sessions will only benefit future stars. Stay posted.

Have a great spring break!!!

Mr. Kalichak
Physical Education Director



Music News



Our Kindergarten to Grade 5 music classes have been buzzing with creativity, movement, and joyful sound as students continue to develop a wide range of musical skills. Across all grades, students are exploring key musical elements such as rhythm, singing, movement, and hands-on experience with a variety of classroom instruments.

These include rhythm sticks, triangles, hand drums, tambourines, and other small percussion instruments that help students build coordination, steady beat, and ensemble awareness.

The younger students have been focusing on singing games and age-appropriate vocal development, rhythmic patterns using clapping, stepping, and simple percussion, creative movement activities that connect music to physical expression, and learning to play handheld percussion instruments while keeping a steady beat and responding to changes in music.

Our Grade 4 students have begun learning the soprano recorder using the *Recorder Karate* program. This motivational system allows students to progress at their own pace as they earn “belts” for mastering songs and skills. Students have been working hard on breath control, fingering accuracy, and reading simple musical notation—all while having a great time striving for their next belt level.

Grade 5 students are broadening their ensemble skills by learning songs that combine recorders with Orff instruments such as xylophones, metallophones, and glockenspiels. This combination encourages teamwork, listening, and musical independence as students blend melody, harmony, and accompaniment parts.

Both Grade 4 and Grade 5 classes have also been enjoying bucket drumming. Students are exploring rhythm patterns, call-and-response, layered percussion, and group performance techniques. Bucket drumming continues to be a student favorite—loud, energetic, and a great way to build rhythmic confidence!

Mr. Gawron
Music Specialist





The Grade 7 and Grade 8 classes each coloured and created a collaborative poster to celebrate Pink Shirt Day by raising awareness against bullying and by fostering kindness and inclusion.

Grade 7 "Stop Bullying"

Grade 8 "Kindness Wins"



Band News

Our Grades 6–8 band students have been hard at work, and their progress this spring has been nothing short of inspiring. From mastering challenging new pieces to strengthening ensemble skills, these young musicians have shown great teamwork, and a genuine love for making music together.

Over the past several weeks, students have been rehearsing with focus and enthusiasm as they prepare for our upcoming **Spring Band Concert on Thursday, April 23**. Each rehearsal has brought noticeable growth—clearer tone, stronger rhythmic precision, and greater confidence in performance. Whether playing melody, harmony, or percussion, every student has contributed to shaping a rich, unified sound.

We are excited to showcase their accomplishments in **two concerts on April 23**:

- **Morning Performance:** 10:30 AM
- **Evening Performance:** 7:00 PM

Both concerts will feature selections from all grade-level ensembles, highlighting the musical development that has taken place throughout the year. From energetic beginner pieces to more advanced repertoire, the concert promises an enjoyable and memorable experience for all. We are also looking forward to featuring the grades 6-8 choir and student soloists at the concert.

We hope to see **all families in attendance** as we celebrate the hard work and talent of our young musicians. Your support means so much to our students and enhances the joy and pride they feel while performing!

Thank you very much!

Mr. Gawron
Band Director

WISE Kid-Netics

WISE Kid-Netics visited our Grade 7 and 8 classrooms on January 15 providing students with an engaging, hands-on science experience.

Grade 7 students participated in a series of exciting experiments to show off different chemical changes before using polymer chemistry to create their own bouncy balls.

Grade 8 students learned about the parts of the eye by dissecting an animal's eye! They also learned about optical sensors while programming an Ozobot.





- April 3 – Good Friday
- April 6 – Easter Monday – NO SCHOOL
- April 7 – School Resumes
- April 13 – Early Dismissal 1:55pm – Staff Mtg
- April 15 – School Board Meeting 7:00pm
- April 17 – PD – NO CLASSES (Inservice Daycare available – must pre-register)
- April 21 – School Mass 10:00am
- April 22 – Earth Day
- April 22 – Fun Lunch – Theme earth colours
- April 23 – Band Concerts 10:30 am/7:00 pm
- April 28 – MCSSA Gr. 7/8 Badminton Tournament

- May 4 – Early Dismissal 1:55pm – Staff Mtg
- *May 8 - CTK Track Meet
- May 10—Mother’s Day
- May 13—School Board Mtg. 7:00PM
- May 15—PAC—Soccerathon—U of M
- May 18—Victoria Day - NO SCHOOL
- May 20 – Soccer Tournament
- May 20—PAC Meeting 7:00PM
- May 22—Fun Lunch - colour day
- May 27—School Mass—10:00AM



- June 1—Early Dismissal 1:55pm
- * June 3-4 - Gr. 6 Camp
- June 5— U of M Track Meet (Gr. 7 & 8)
- June 8 —Top Marks-Uniform Fittings—2:00-6:00pm (by appt only)
- *June 8 - U of M Track Meet (Gr. 4-6)
- June 11—Fun Lunch - Smoothie Day – colour day
- June 12—Report Card Writing Day—NO CLASSES (Inservice Daycare available (must pre-register)
- June 16—Gr. 7/8 Exams am
- June 17—Gr. 7/8 Exams am
- *June 17 – School Board Mtg 7:00pm
- June 18— Gr. 7/8 Exams am
- June 18—New Student Orientation 6:15pm
- June 19—No classes for Gr. 7/8—marking day
- *June 23 – Last day for Gr. 7 & 8 SHOPS
- June 25—Year End Mass at 10:00am & Gr. 8 Grad & Award ceremonies
- * June 26 – Last Day for JK & K
- * June 29 - Kindergarten Celebration at 1:30PM in the gym
- June 30—Early Dismissal – 1:55pm - Last Day of School Gr. 1-6/Report Card Distribution/ Colour Day—Red & White for Canada Day



UPCOMING EVENTS



CHRIST THE KING PARISH

EASTER TRIDIUM MASS SCHEDULE

HOLY THURSDAY ~
 April 2nd - 7:00pm *Mass of the Lord's Supper*, followed by Adoration, downstairs in Lennox Hall until 12 midnight – everyone is welcome and invited.

GOOD FRIDAY ~
 April 3rd ~ Service - 3:00pm

HOLY SATURDAY ~
 April 4th ~ Easter Vigil - 8:00pm

EASTER SUNDAY
 April 5th ~ Usual Mass times: 9:00am & 11:00am

